

1 **PSYCHOPHYSIOLOGICAL EFFECTS OF INCENTIVE FEEDBACK ON**
2 **UNMANNED AIRCRAFT OPERATORS' MOOD AND MOTIVATION**

3 **Abstract**

4 The present paper investigates performance feedback effects on emotion and
5 motivation related to the operation and control of computerised systems which are
6 habitually lacking this consideration of human factors dimension. Written feedback
7 (positive, negative, control) was incorporated after a task of speedy word finding by
8 comparing the results to a fictional list of existing scores to feedback and assessing
9 whether the participants performed better, worse or the same as others. Self-report
10 questionnaires were distributed to 30 participants to measure mood state (UWIST
11 Mood Adjective Check List, Matthews et al., 1990) and motivation (Motivation scale
12 from Dundee Stress State Questionnaire, Matthews & Desmond, 1998). Participants'
13 heart rate (HR) was measured through ECG using BIOPAC and calculated as R-R
14 intervals. Results revealed a main effect for both positive and negative motivation
15 between experimental conditions (trial, feedback, and task). A further significant main
16 effect was demonstrated for HR alone, however not between experimental conditions.
17 No other significant main effects for motivation or mood state were found between
18 experimental conditions. These findings highlighted that feedback was appraised as a
19 motivational trigger, and it could be incorporated in the ground control station of
20 unmanned aircraft systems to monitor pilots and operation crews' motivation during
21 flight missions and persistent surveillance tasks.

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25 **Introduction**

26 The characteristics of real-time feedback during the operation of UAVs can
27 have implications for the emotion and motivation of the unmanned aircraft pilot.
28 Positive feedback such as “you are performing well”, relative to negative feedback
29 such as “your performance is not good”, have been found to increase positive affect
30 (Burgers, Eden, van Engelenburg and Buningh, 2015), and also increase motivation
31 to maintain task engagement (Efklides & Petkaki, 2005). However, it remains unclear
32 whether feedback to perform a working memory task under time pressure during the
33 operation of UAVs could have an impact on emotion and motivation.

34 Emotions, and more specifically moods, are thought to have the motivational
35 function to guide an individual’s behaviour (Gendolla, 2000). Moods can be defined as
36 relatively long lasting affective states and have therefore been conceptualised as
37 pervasive frames of mind (Gendolla, Brinkmann & Richter, 2007). One integrative
38 theory, known as the Mood-Behaviour-Model explained the role of moods in the
39 motivation process (Gendolla, 2000). According to this model, momentary mood
40 states could have either directive or informational predictable effects on motivation.
41 The directive mood impact is thought to influence the direction of behaviour in
42 compliance with a person’s hedonic motive; that is, the need to elicit positive
43 experiences. When such hedonic motive is strong, individuals will prefer to partake in
44 behaviours instrumental for hedonic affect regulation which promise positive feelings
45 as a result (Ewing and Fairclough, 2010; Gendolla et al., 2007). In such, a pilot will
46 engage in assuring smooth operation of the UAVs to attain mission success. On the
47 other hand, an informational mood impact can influence behaviour-related judgments
48 or appraisals. When pilots and surveillance sensors operators are confronted with a
49 mission, they may ask themselves implicit questions regarding what is required of

50 them, whether they have physical and mental resources to complete the mission.
51 These subjective appraisals can be influenced by mood states, with the extent of
52 demand being perceived as lower when in a positive mood (e.g., Efkliides & Petkaki,
53 2005).

54 However, research on cardiovascular literature (Blascovich, 2008; Spiridon,
55 2017) provided a counterargument to this assumption in that appraisal of sufficient
56 resources for a high demand task generates an approach motivation associated with
57 positive affective responses (accelerated heart rate), whereas low perceived
58 resources could be associated with negative moods (decelerated heart rate). Further
59 research (Anttonen & Surakka, 2005) reported that those who experienced negative
60 moods had a prolonged decelerated heart rate five minutes later, despite the negative
61 emotional stimuli not being present anymore indicating that heart rate is a good
62 measure to index distinctive motivational responses to negative and positive emotional
63 stimulation. In sum, the perception of achievable goals could be seen as generating
64 positive mood responses (Hewig, Hagemann, Seifert, Naumann, & Bartussek, 2004);
65 whereas high demand could activate an avoidance motivation leading to effort
66 withdrawal.

67 Nonetheless, it could be argued that appraisal processes could be idiosyncratic
68 in that a pilot's predisposition to tackle unquestionably a task demonstrating an
69 approach motivation may affect their reliance on affective states as a source of
70 information (e.g. Kramer & Yoon, 2007). Specifically, those with a predominant
71 approach motivation will tend to chronically monitor their internal states, thus making
72 both positive and negative affects salient. Individuals with a predominant avoidance
73 motivation are less likely to monitor their internal states, making momentary affect less
74 salient to them.

75 One underlying question is whether stimulating a certain motivation (approach vs
76 avoidance), could act as a trigger of positive or negative emotions. There are two
77 views: one claiming that emotional reactions are organised by underlying motivational
78 states (Bradley, Codispoti, Cuthbert & Lang, 2001) where judgments of arousal
79 responses to task demands dictate the intensity of the motivational activation or
80 deactivation (Boekaerts, 2001; Schutz & Lanehart, 2002); and the contrary view that
81 mood influences the appraisal process in that the more positive the mood the more
82 likely to appraise the task as less demanding (e.g., Efklides & Petkaki, 2005).

83 One way of activating both mood and motivation could be through performance
84 feedback. Although, feedback was found to serve motivational functions (Tyson,
85 Linnenbrink-Garcia & Hill 2009; Burgers et al., 2015), little research had focused on
86 the mood state as a consequence of the feedback received. Generating negative
87 responses (shame, anxiety, anger) through negative feedback could either increase
88 approach motivation with the aim to prevent failure and enable more methods of
89 actions or, in the contrary, could lead to withdrawal of effort. A study conducted by
90 Burgers et al. (2015) investigated the impact of verbal feedback on enhancing
91 computer users' motivation and further task engagement in a brain-training task.
92 Reports indicated that those who received negative feedback resulted in a decrease
93 of users feeling of competence. On the contrary, positive feedback was demonstrated
94 to satisfy users' needs for autonomy and competence, therefore increasing motivation
95 (Burgers et al., 2015). It could be that positive feedback was potentially more
96 persuasive, as opposed to negative feedback (Henderlong & Lepper, 2002).
97 Moreover, receiving positive feedback has been claimed to be able to motivate
98 individuals to voluntarily set more advanced goals to achieve, consequently increasing
99 their performance (Tili et al., 2007). Performance, in the aviation field, is not only

100 needed for goal achievements, but directly linked to safety of the operation, and the
101 aviation field is a rich domain that offers a more complex and complete view of human
102 factors attending to crew performance and avoid accidents. Decision-making
103 processes during flight operation (landing phase, cross -winds problems, airspace
104 awareness) are generally based upon rational elements like the speed, position, target
105 for one or more given UAVs. However, emotional reactivity to unfavourable flight
106 context can alter the rational reasoning by shifting decision-making criteria from safety
107 rules to subjective ones (aversion to negative emotion) (Causse, Dehais, Péran,
108 Sabatinim & Pastor, 2013). Although experiencing an emotion has an ambiguous role
109 in decision making, it could trigger unconscious processes useful to decision making,
110 in particular during complex tasks (Schoofs, Wolf, & Smeets, 2009)

111 In recent years, we noticed a shift from rational cold reasoning to emotional hot
112 reasoning and its neural correlates has been demonstrated (Cause et al,2013). It has
113 been reported that hot reasoning resulted in enhanced activation in ventromedial
114 prefrontal cortex (Goel & Dolan, 2003). In contrast, cold reasoning resulted in
115 enhanced activity in the dorsolateral prefrontal cortex. This finding highlights that
116 different regions are activated during decision making according to the emotional state
117 of participants. It is suggested that such a cerebral shift may affect performance,
118 accuracy of decision making and reasoning (Simpson, Snyder, Gusnard, & Raichle,
119 2001).

120 Incentives tend to be used in empirical research to elicit emotion (Elliott et al., 2003)
121 and have been found to bias cognitive processes such as short-term memory and
122 object recognition (Causse et al., 2013; Taylor et al. ,2004). Therefore, a parallel could
123 be drawn between experimental situations and pilots facing a conflict between
124 expected punishments (extra fuel consumption, fatigue caused by operations of a

125 swarm of UAVs, etc.) and rewards (accomplished mission). It could be argued based
126 that incentives actually acted as motivational triggers rather than emotional responses
127 towards a more risky and less rational behaviour in terms of safety issues. We need
128 to distinguish between approach motivation which has been linked to positive emotion
129 and avoidance/withdrawal motivation which generate negative emotion. Incentives do
130 have an emotional effect, but it occurs through rationalisation of the context and
131 consequently through motivation. A study to identify just in which way incentives could
132 be leading to positive vs negative emotion/motivation responses is needed.

133 Within the aviation field, Bonner and Wilson (2002) found that reported subjective
134 mental workload and heart rate (as a physiological index of stress) were higher during
135 rare events during flight (e.g., impossibility to land) in comparison to others flight
136 segments. In this case, pilots lack automated responses, and the involvement in the
137 task needed to be rapidly adapted to fit the demands. In fact, the increase heart rate
138 could have been an indication of activation of behaviour to solve the task, the energetic
139 response to task demand. It would have been problematic if the heart rate lowered as
140 that could have indicated overload and withdrawal from the piloting task.

141 Taking into consideration the need for constant monitoring of task engagement to
142 avoid human errors while on an UAV mission, providing real-time feedback could be
143 useful to promote positive moods and encourage approach (Burger et al., 2015).
144 Therefore, the aim of the present study was to identify whether the introduction of
145 feedback will stimulate a certain mood state and level of motivation in participants. It
146 was expected that positive feedback will generate a positive mood and motivational
147 approach towards the task, whereas the negative feedback will cause a negative mood
148 and avoidance motivational behaviour. To make a distinction of the participants' level
149 of self-appraisal of mood through their physiological responses, based on

150 cardiovascular literature (Anttonen & Surakka, 2005) heart rate was expected to
151 increase in the positive mood and decelerate in the negative mood. Increase heart
152 rate could be also an indication of task engagement, approach motivation and it is
153 important to know whether such increases in heart rate could be an index of mood and
154 motivation generated by direct effects of the feedback stimuli. In this way, within the
155 UAVs operation we will be able to understand the effect of feedback on operators'
156 mood and motivation and the impact on performance in aircraft operation and aviation
157 safety.

158 **Method**

159 **Participants**

160 The study used a total of 30 participants with an age range of 18 to 25 years
161 ($M = 21.03$, $SD = 1.07$) (9 males, 21 females). Through opportunity sampling,
162 participants were selected through a nonclinical population consisting of individuals
163 who have no history of cardiovascular problems or psychiatric illnesses. Selection
164 criteria stated that participants must not have been known to show high levels of anger,
165 as this could be an extraneous variable leading to potential invalid results. The State-
166 Trait Anger Expression Inventory (STAXI-2) questionnaire (Spielberger, 1999) showed
167 participants to be relatively homogeneous across each condition $F(1,27) = .91$, MSE
168 $= 24.43$, $p > .05$ $\eta_p^2 = .01$; see Table 1. Participation was voluntary and in conformity
169 with the ethical principles of the institution.

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173 *Table 1. STAXI-2 Anger trait values across conditions*
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Condition	<i>M</i>	<i>SD</i>
Positive feedback	18.00	4.32
Negative feedback	18.20	5.18
Control	17.30	5.27

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176 **Design**

177 A mixed design was used including a between participants independent
 178 variable, *the false feedback* at 3 levels (positive, negative, control), and a within
 179 participants independent variable - the experimental stages at 4 levels (baseline, trial,
 180 feedback and task) for mood and at 3 levels for motivation (trial, feedback and task).
 181 The motivation was measured only post-test with the trial period being considered a
 182 control experimental stage. The dependent variables were participants' mood, type of
 183 motivation and finally participants' heart rate reactivity to experimental conditions.

184

185 **Materials**

186 The State-Trait Anger Expression Inventory (STAXI-2) questionnaire
 187 (Spielberger, 1999) was used to measure Trait Anger, State Anger and Expression
 188 and Control of Anger. Participants were required to respond to statements which
 189 correspond to two subscales (e.g., It makes me furious when I am criticized in front of
 190 others.). Each requiring a response from 1 to 4 (1 for almost never, 2 for sometimes,
 191 3 for often, 4 for almost always).

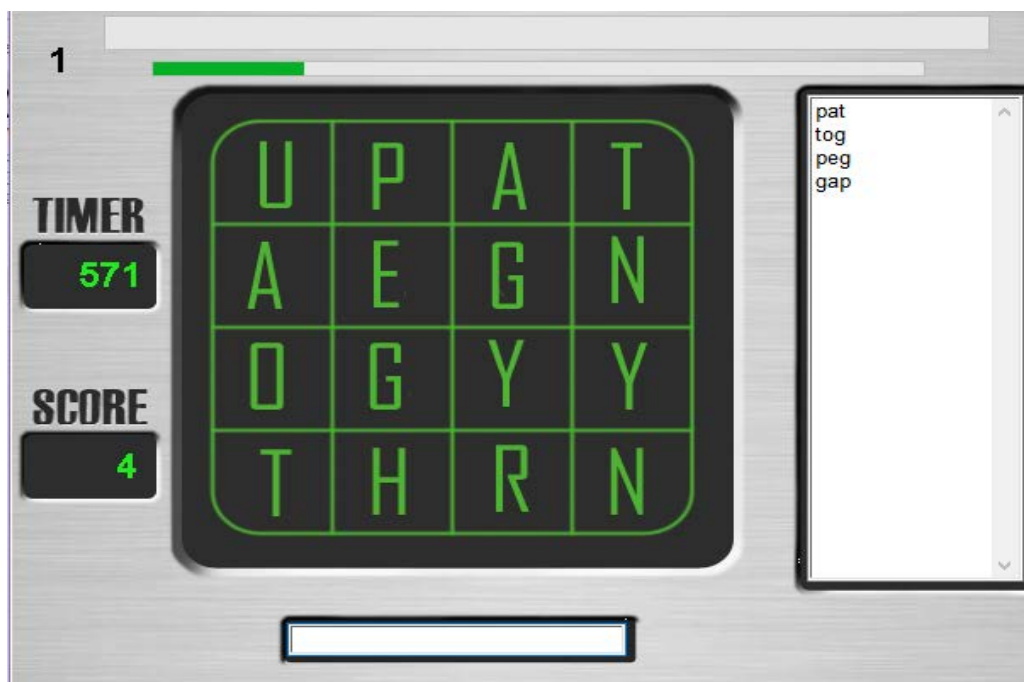
192 A self-report mood questionnaire (UWIST, Matthews et al., 1990) was used to
 193 measure participants' mood state. The UWIST Mood Adjective Check List (Matthews

194 et al., 1990) was used to indicate participants' valence changes between the positive
195 and negative feedback conditions. Participants were instructed to respond to a list of
196 29 words by typing a number which best describes their current mood (e.g., Energetic,
197 Relaxed) with a number between 1 and 4 (1 = definitely, 2 = slightly, 3 = slightly no, 4
198 = definitely no).

199 A further self-report questionnaire to measure participants' motivation levels
200 was used Motivation scale from Dundee Stress State Questionnaire; Matthews &
201 Desmond, 1998). Each participant was required to respond to a list of eight statements
202 (e.g., Performing badly on the task will make me feel upset). Each response required
203 a number between 0 and 4 (0 = not at all, 1 = a little bit, 2 = somewhat, 3 = very much,
204 4 = extremely).

205 Heart rate was measured using BIOPAC (BIOPAC Systems Inc). The R-R
206 Interval from the heart was calculated from an electrocardiographic (ECG) signal,
207 which was sampled at 1000 Hz which filters between 0.5 and 0.35 Hz. A 2-lead
208 electrode sensor collected the signal which was placed on the participants' left and
209 right ankle and a ground electrode placed on the non-dominant wrist of the participant.

210 A cognitive task known as Word Find (see Figure 1) adapted from Fairclough
211 & Roberts (2011), was displayed to participants in each experimental group using the
212 same 15-inch screen PC. During the task, participants were presented with a 4 x 4
213 grid of individual letters in a randomised pattern and asked to find as many words in
214 the grid as possible before the time ran out.



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216 *Figure 1. Word find task used in the study*

217 Participants were required to search the grid for as many words as they could
218 find, adhering to a set of rules. These rules stated that words can only be formed from
219 letters which adjoin horizontally, vertically or diagonally in any direction. Letters were
220 also only allowed to be used once in any single word and each word must have been
221 a minimum of 3 letters long to be accepted. Participants were instructed to type each
222 word they find using the keyboard and into the entry box directly below the grid
223 (Fairclough & Roberts, 2011). Words which were successfully recognised in the
224 dictionary would appear in the word list to the right-hand side of the grid and the bar
225 directly above the grid would progress each time a correct word was entered. The task
226 was deemed suitable as it required participants to perform a cognitive task (i.e., word
227 finding) under time pressure which resembles pilots' written commands needed to be
228 entered precisely and error free into the control systems. A control system should
229 gather necessary details on the status of UAV and forward pre-set commands (Perez

230 et al., 2013) but immediate adjusted commands might be necessary and an accurate
231 speed of response is necessary.

232 **Procedure**

233 Participants were pre-screened for heart conditions, other medical conditions,
234 medication, and not having high levels of anger (scored below the 80th population
235 percentile on the Trait Anger Expression Inventory of the STAXI 2; Spielberger, 1999)
236 to reduce the likelihood of the researcher being exposed to aggressive behaviour
237 during the negative affect induction protocols used in the study. The participants
238 suitable to take part were invited to the laboratory and asked to sign the informed
239 consent form. Initially, participants completed a set of demographic questions and self-
240 report questionnaires of their state mood (UWIST, Matthews et al., 1990). Using a
241 blind protocol, participants were led to believe that their task requires “participation in
242 a cognitive task”. It was necessary to initially deceive the participants in order to elicit
243 the desired emotional reactions to feedback received in ways that closely resemble a
244 real-life situation. However, all participants were fully debriefed afterwards as to the
245 true nature of the experiment.

246 The following stage of the protocol involved connecting the participants to the ECG.
247 Three electrodes were placed on the wrist of their non-dominant hand and the insides
248 of both ankles to measure heart rate. The electrode leads were attached to a BIOPAC
249 box (BIOPAC Systems Inc) and the electrical signal was filtered at 0.5 Hz and 35 Hz,
250 respectively (Spiridon & Fairclough, 2017). A baseline measurement of the heart rate
251 followed and continued with HR measurements during the trail, during the feedback
252 receiving time frame and during the actual task. Each stage of HR measurements
253 lasted for three minutes exactly. Self-report measures of mood UWIST questionnaire

254 (Matthews et al., 1990) and motivation (Motivation scale from Dundee Stress State
255 Questionnaire, Matthews & Desmond, 1998), were repeated after the baseline, after
256 feedback stage and after the actual task. The feedback protocol involved the
257 experimenter pretending to compare the number of correct words found by the
258 participant to the fabricated list of previous scores, ensuring that it was kept out of the
259 participant's direct view. Depending upon which condition they were randomly placed
260 in, participants were then shown their respective feedback sheet to inform them of how
261 they performed with respect to the others. One condition was told they perform better,
262 in other they were told they performed worst and the control condition group were told
263 that their performance was similar to the others.

264 After completion of the last set of questionnaires, the physiological apparatus was
265 removed from the participants and a full debriefing was provided as to the true nature
266 of the experiment. Participants received the debriefing sheet corresponding to the
267 experimental group in which they were placed and reminded of their ethical rights.

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Results

270 All statistical analyses were conducted using SPSS. A one-way ANOVA
271 showed no significant difference in anger trait between various conditions, $F(1,27) =$
272 $.91$, $MSE = 24.43$, $p > .05$ $\eta_p^2 = .01$. All remaining data was subjected to analysis
273 through mixed ANOVAs. A summary of the descriptive statistics is presented in Table
274 2.

275 A 3 (Condition: positive, negative feedback, control) x 4 (mood: baseline, trial,
276 feedback, task) mixed ANOVA was conducted to examine mood state. The
277 assumption of Mauchly's Test of Sphericity was met $W = .80$, $X^2(5) = 5.82$, $p > .05$.
278 There was no significant main effect of mood between experimental conditions, $F(3,$

279 81) = .32, $p > .05$. The absence of main effects demonstrates that the participants'
280 level of mood did not significantly alter depending on the feedback condition.

281 Results showed a significant main difference in negative motivation between
282 conditions, in a 3 (condition: positive, negative, control) x 3 (negativemotivation:1,2,3)
283 ANOVA: $F(4, 54) = 5.86$, $p < .05$. However, pairwise comparisons for motivation
284 reflected no significant difference between conditions using Bonferroni adjustments.

285 Positive motivation, 3 (condition: positive negative, control) x 3
286 (positivemotivation:1,2,3) showed a significant main effect $F(2, 54) = 9.85$, $p < .05$.
287 However, no significant main effect between conditions (trial, feedback, task) was
288 found $F(4,54) = .21$, $p > .05$. Pairwise comparisons for motivation reflect no significant
289 difference between conditions using Bonferroni adjustments.

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300 *Table 2.*
 301 Means and SD for Self-report measures of emotion and motivation for each condition
 302 across experimental stages.

	Baseline		Trial		Feedback		Task	
	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>
Positive Mood								
Positive	37.10	3.96	36.90	2.60	39.70	5.27	38.00	5.96
Negative	39.00	6.04	35.80	6.97	39.00	7.67	37.30	7.07
Control	36.60	4.30	37.60	5.13	36.50	6.02	37.30	5.76
Negative Mood								
Positive	32.70	3.59	32.30	3.16	35.50	3.27	34.50	3.89
Negative	34.20	5.25	32.90	2.51	34.00	4.24	34.60	3.72
Control	32.50	3.63	32.90	2.51	32.00	4.19	32.40	4.12
Positive Motivation								
Positive	-	-	8.10	2.69	9.70	2.75	9.60	3.57
Negative	-	-	7.30	2.63	9.00	3.53	8.80	4.13
Control	-	-	7.00	3.09	9.30	3.40	9.40	3.66
Negative Motivation								
Positive	-	-	12.30	3.77	15.60	.70	15.20	1.32
Negative	-	-	13.70	2.54	12.50	3.44	14.10	1.85
Control	-	-	14.50	1.43	13.80	1.48	13.60	1.71

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 304 To assess for cardiovascular responses for each experimental condition, a 3
 305 (condition: positive, negative, control) x 4 (HR: baseline, trial, feedback, task) mixed
 306 ANOVA was conducted. Mean HR activity for experimental conditions is shown Figure
 307 2.

308 Levene's Test of Equality of Error Variances showed each HR level to be
 309 homogenous. Mauchly's Test of Sphericity demonstrated no violation of the
 310 assumption of Sphericity, $W = .88$, $X^2(5) = 3.25$, $p > .05$. Data reports indicated that
 311 there was a significant main effect of HR alone, $F(3, 81) = 3.53$, $p < .05$. However,
 312 there was no significant main effect found for HR between experimental conditions,
 313 $F(6,81) = 1.07$, $p > .05$. The highest HR was during the pre-test period ($M = 64.79$, SE
 314 $= 2.16$) in comparison with the trial period ($M = 69.75$, $SE = 66.54$) and the task itself
 315 ($M = 68.79$, $SE = 2.19$) $p >.05$. Pairwise comparisons for HR corrected using
 316 Bonferroni adjustments were used for post-hoc analysis and found no significant main
 317 effect between HR and experimental conditions.

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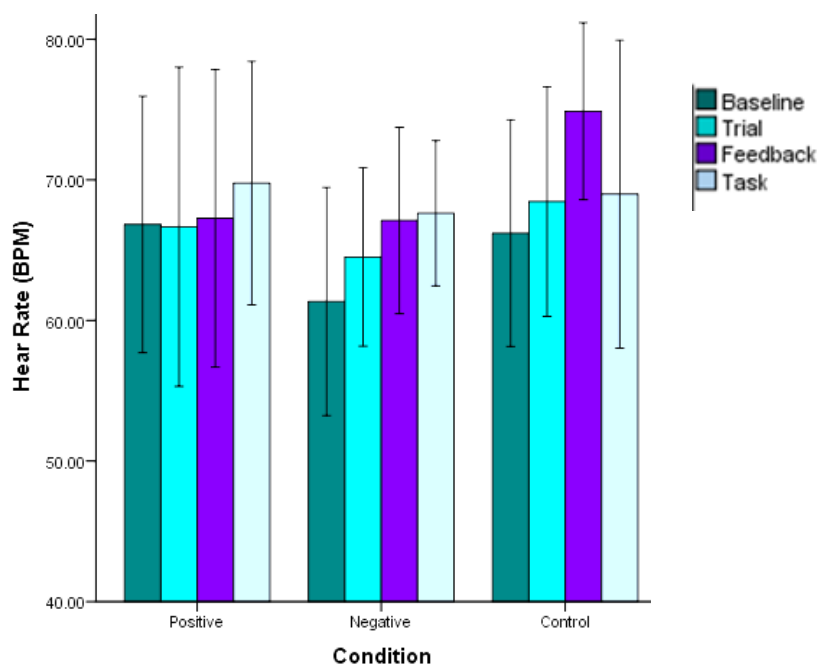
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328 *Figure 2: Mean and standard error HR values across experimental condition.*

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Discussion

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332 With the desire to achieve an understanding of system users' motivation levels after a previous fail or triumph on a set task, the present study involved

333 measuring oscillation of motivation levels via feedback in conjunction with mood
334 responses and heart rate indexes. Regarding the mood component of this study, it
335 was hypothesised that participants' mood would differ between each feedback
336 condition. In contradiction with this prediction, the false feedback did not successfully
337 affect participants' mood state, due to findings identifying no significant main effect for
338 mood state between conditions. Although other studies found that false positive
339 feedback to be significantly associated with high scores for calm and happy emotions,
340 whilst reporting lower scores for negative emotions (Barone, Miniard, & Romeo, 2000),
341 the present study did not duplicate such findings. One explanation for the non-
342 significant findings could be various idiosyncratic differences apart from anger trait.
343 Although, anger traits were equalised in the present study, other personality traits such
344 as neuroticism could have increased emotional reactivity to the negative mood
345 induction (Espejo et al., 2011), whereas extroversion traits could have exacerbated
346 positive mood (Larsen & Ketlaar, 1991). Also, the sample of psychology students used
347 in the current study could be considered mainly formed of high reappraisers with have
348 been found to display a more adaptive profile of emotional experience (Mauss, Cook,
349 Cheung & Gross, 2007), by downgrading negative moods. These findings emphasise
350 the importance of subjective appraisal of feedback, a human factor aspect that needs
351 further empirical investigation.

352

353 Respecting the current findings, it was hypothesised that participants who
354 received negative feedback would have lower motivation levels in comparison with
355 those who received positive feedback. Those who received positive feedback were
356 expected to have increased motivation after the trial task. Results revealed an overall
357 difference in motivation between conditions which aligns well with Burgers et al.'s

358 (2015) results that those who received negative verbal feedback generated a reduction
359 in player's level of competence. In addition, positive verbal feedback showed an
360 indication of participants need for competence and autonomy, thus increasing
361 motivation. It could be claimed that task on task itself within research must be
362 enjoyable for participants to feel motivated (Pascual-Ezama et al., (2013). In
363 consideration with the task involved within the present research (Fairclough & Roberts,
364 2011), the level of entertainment this provided participants with was unaccounted for.
365 This could potentially imply that participants' motivation levels were consequently
366 affected by their enjoyment of the task itself and not the false feedback they received.

367 Two additional hypotheses were made regarding positive and negative
368 motivation. Participants who received negative feedback on the trial task were
369 expected to have higher negative motivation during the actual task; whereas those
370 who would receive positive feedback were hypothesised to experience higher positive
371 motivation during the task. The negative motivation hypothesis aligned with the current
372 findings as reports demonstrated a significant main effect for participants' negative
373 motivation across experimental conditions. Previous research supports the outcome
374 of the negative motivation hypothesis. According to Davidson (1993), the avoidance
375 system is activated as a result of aversive stimuli, which potentially leads to
376 participants' withdrawal. This avoidance when approaching the main task, supports
377 the result of the current study, as avoidance motivation can also be established to be
378 negative motivation (Hewig et al., 2004).

379 Concerning the outcome of the negative motivation hypothesis, Van Dijk
380 and Kluger's (2011) report demonstrates similarities with the current findings. Due to
381 a significant main effect being found for negative motivation and not positive
382 motivation. This supports Van Dijk and Kluger's (2011) argument of the effectiveness

383 of negative feedback being more influential in those who were working on prevention
384 tasks. The inclusion of the word task (Fairclough & Roberts, 2011) within this study
385 could be considered to be a prevention task (e.g., attention to detail), rather than a
386 promotion task (e.g., requires creativity).

387 Contradictory evidence surrounding the influence of positive feedback was
388 communicated by Tili et al. (2007), who claimed that those who received positive
389 feedback to feel inspired to voluntarily attempt more complex goals and targets to
390 achieve. This lead to the increase in overall performance levels, which therefore
391 increased participants' motivational levels. Barrow Mitrovic, Ohlsson, & Grimley (2008)
392 also argued the influential effects of positive feedback towards participants. Stating
393 that those who received positive feedback in a controlled task would occasionally seek
394 to complete the task faster and in a more efficient way (Barrow et al., 2008). In
395 comparison with individuals who were in the negative feedback condition. This
396 confronts the outcome of no significant main effect being reported for positive
397 motivation, revealing no correspondence from the current findings with this piece of
398 previous literature.

399 With respect to the HR hypothesis, it was expected that HR would differ
400 between experimental conditions. Results indicated a significant main effect of HR
401 alone, however no main effect was found for HR between feedback conditions. These
402 results signify a lack of cardiovascular reactivity to the false feedback received, but a
403 direct effect of task requirements. These findings are supported by Fairclough &
404 Roberts (2011), who reported changes in HR activity to alter depending on the level
405 of difficulty of the task involved. Considering the significant main effect being found for
406 HR alone and not between conditions, this may suggest that participants HR activity
407 was only significant because of the level of difficulty the word task itself included in this

408 research. This is further supported by Gendolla (2000) who also claimed
409 cardiovascular reactivity to vary depending on the how complex the task itself is.
410 Research by Delaney and Brodie (2000) showed that throughout the duration of a
411 word task stress, interbeat HR intervals decreased. The changes in heart rate from
412 trail to feedback stage to task could also be explained by the presence of feedback in
413 all conditions. The presence of another control group without feedback appears
414 necessary to distinguish whether feedback regardless of valence dimension could
415 have an effect. Nonetheless, the unexpecting, rare tasks, for example the ones
416 required to change the usual pattern of thinking (i.e., in aviation this will resemble abort
417 landing) were found to increase HR (Bonner and Wilson, 2002). In this case, pilots
418 lack automated responses, and the involvement in the task needed to be rapidly
419 adapted to fit the demands. In fact, the increase heart rate could have been an
420 indication of activation of behaviour to solve the task, the energetic response to task
421 demand. It would have been problematic if the heart rate lowered as that could have
422 indicated overload and withdrawal from the actual task (Spiridon, 2017).

423 Overall, the current findings highlighted that feedback has an effect on motivation, and
424 that heart rate changes after receiving feedback. In the view that task engagement is
425 crucial to avoid human errors while on an UAV mission, providing real-time feedback
426 could be useful to heighten motivation (Burger et al., 2015). Furthermore, individual
427 differences such as personality traits and reappraisal adaptive responses to feedback
428 should be considered to tailor feedback that has a positive effect on UAV user's mood
429 and task engagement.

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